



SPRING 2026

(12/23/25 corrected draft)

<u>Contents</u>	<u>Page</u>
-----------------	-------------

Overview	1
----------	---

Travel	2-3
--------	-----

Outings	4
---------	---

Free Lectures	4-6
---------------	-----

Special Events	6-7
----------------	-----

Classes	7-17
---------	------

Volunteering	17
--------------	----

Lourdes Events	17-19
----------------	-------

Reg. Form	21-22
-----------	-------

Campus Map	23
------------	----

Lifelong Learning
P: (419) 824-3707
lifelong@lourdes.edu

**Class locations
are emailed 1 week
prior to event start
date. Please add
lifelong@lourdes.edu
to your email contacts.**

What is Lifelong Learning?

It's fun! Educational, engaging, and social classes, trips, and lectures organized by Lourdes University. Learning for fun, with no exams or grades!

Who can join?

Lifelong Learning invites all adults who find joy in learning, regardless of age, religion, or educational background.

What are the benefits of membership?

- Join a community of friendly and inquisitive people
- Discounts on all classes, travel, and events

Membership is optional but pays for itself if you participate in a few events. All memberships expire on July 31, 2026 regardless of the date you join. To be fair, the cost of membership is highest in the fall, lower in the spring, and lowest in the summer semester. Please see p. 22 for more details.

Scholarship Information

- Limited scholarships are available on a first-come, first-served basis
- Scholarships are awarded as available, on basis of financial need. Please email lifelong@lourdes.edu to request a link to the application.

CALL FOR INSTRUCTORS

Have a special hobby, skill, or interest you'd like to share with others? Come teach a class with Lifelong Learning at Lourdes! We are booking Summer & Fall 2026 courses now. Email lifelong@lourdes.edu for details.

Spring Highlights

- **Spring Registration Event:** Fri., January 16th – see p. 2 for details
- **Unholy Toledo Tour:** Wed., May 6th – see p. 2 for details
- **Registration for 2/11 Zekelman Holocaust Center trip opens 12/15 at <https://lourdes.edu/travel/>** (trip details on p. 2)!

REGISTRATION EVENTS

Join us in the Franciscan Center (Bldg 4 – see map on p.23) to mix, mingle & register for classes on the below dates. We'll have assorted breakfast bites & coffee, so grab all your besties and come have a registration party. **No pre-registration is required for these events – just come on down!**

Mix, Mingle & Register for Spring Classes & Events!

Franciscan Center Common Area

9:00 AM – 12:00 PM, Friday, January 16th (anyone in line by 12pm will be helped)

*** This is also the date of our *first* Free Lecture of the Spring, happening 10-11am!

SAVE THE DATE to Mix, Mingle & Register for Summer Classes & Events!

Franciscan Center Common Area

9:00 AM – 12:00 PM, Friday, May 15th (anyone in line by 12pm will be helped)

*** This is also the date of our *final* Free Lecture of the Spring, happening 10-11am!

In-person registration is also welcome at any of our free lectures. The summer catalogue will be mailed & posted online at lourdes.edu/lifelong-learning-program/ in mid-April.

TRAVEL

*These are bus trips, typically taking 1-2 hours to reach our destination. All leave from Lourdes Parking Lot M and include lunch. **Start times indicate when the bus departs from Lourdes – be sure to arrive early.** More details are emailed to registrants a week prior to the trip. If you have special dietary considerations, you must notify Lifelong Learning at the time of registration.*

Zekelman Holocaust Center

8:45 AM – 4:00 PM, Wednesday, February 11

Registration deadline: Jan. 19th

Founded in 1984, The Zekelman Holocaust Center is a dynamic institution in Farmington Hills, Michigan, that features a newly renovated museum, research and library archive, special exhibit galleries, educational workshops, and public programming. With a mission to engage, educate, and empower, the center aims to combat rising antisemitism by presenting content that focuses on Holocaust victims' and survivors' personal stories to help visitors understand how the Holocaust could have happened. The museum aims to provide visitors with tools to stand up to hatred and antisemitism wherever they arise, with the ultimate goal of creating a more tolerant and empathetic society.

Our special program for Lifelong Learners will include a museum tour, next generation

speaker, a catered lunch, and an educational program. The latter will discuss antisemitism in the United States with a focus on understanding the impact of antisemitism on individuals and institutions. Attendees will be encouraged to think critically about the U.S. response to Nazi ideology and make connections to ongoing antisemitism at home. We will also discuss tools and approaches to contemporary genocide prevention, looking at the United States' responses to the genocides in Rwanda, Bosnia, and Guatemala. By deepening understanding of the Holocaust and its broader lessons, attendees will be empowered to counter hatred and prejudice today.

Our catered hot Kosher lunch will feature an Israeli buffet of falafel, herb tomato salmon, grilled vegetables, salad, hummus, dessert, and more. Vegan & gluten-free options are included.

Murder on the Links at Purple Rose Theatre

10:45 AM – 6:30 PM, Wednesday, April 8

Registration deadline: Mar. 15th

Something's afoot on the private golf course at Merlinville-Sur-Mer, namely the body of Hercule Poirot's newest client. Acclaimed playwright Steven Dietz brings the famed Belgian detective to life to solve one of Agatha Christie's most intricate whodunnits. Of course, there are the Host of usual—and unusual—suspects. A cast of six versatile actors embody a myriad of characters as they navigate the twists and turns of this lively and fun new adaptation. You won't want to miss a thrilling moment of this comic mystery. *Notes: This show contains adult language and subject matter.* The estimated runtime is 90-120 minutes. Therefore, we expect to return to Lourdes between 6 and 6:30. We are sorry, but no ADA seating is available. Attendees should be prepared to climb 1-6 steps to seats.

Our day will begin with a tasty lunch and shopping at Zingerman's Deli in Ann Arbor, so bring your shopping bags if you'd like to stock up! Attendees are also encouraged to bring a cooler to stock perishables, though we'll have a backup cooler on the bus. **Please choose your lunch upon registering:** Turkey Reuben; Chicken Salad Sandwich; Cobb Salad (GF); Soy BBQ Sandwich (Vegan). All will be served with chips, pickle, and a canned soda or sparkling water.

Unholy Toledo Tour

9:45 AM – 2:00 PM, Wednesday, May 6

Registration deadline: Apr. 8th

**** Trip fills quickly! ****

Step into the shadowy world of 1930s Toledo, a time of G-Men, speakeasies, and infamous gangsters like Pretty Boy Floyd, Baby Face Nelson, and Machine Gun Kelly. Brace yourself for the gripping tale of Thomas Yonnie Licavoli and his Detroit mob, who descended upon Toledo in 1931, leaving a trail of violence unlike anything the city had seen before—14 murders in just 36 months.

Historian Tedd Long will take us on a journey back in time to Toledo's darkest days, when the Tenderloin district rivaled the city's gambling halls in notoriety. Find the former illicit hotspots and hangouts of the Licavoli Gang, the enigmatic club owner Jack Kennedy, kingpin Jimmy Hayes, and a colorful cast of characters—each meticulously researched and historically accurate.

The tour's climax centers around the most sensational crime of the era: the July 1933 assassination of Jack Kennedy, a young club owner and bootlegger, in Point Place. Experience Jack's gripping story firsthand during this two-hour driving tour, spanning downtown Toledo and the city's northern reaches.

At the end of the tour, we will enjoy a delicious lunch at Angelo's Northwood Villa, once a haven for alcohol, gambling & other organized crime activities. Operated by the gambling kingpin Jimmy Hayes, its location was perfect for smuggling whiskey from Canada, into Detroit, and throughout Michigan and Ohio. **Please choose your lunch upon registering:** Chopped sirloin; Baked mostaccioli; Vegetarian Villa Salad; Perch Sandwich; or Chicken Parmigiana Sandwich. All will include Angelo's own tiramisu for dessert!

Shipshewana Amish Country

8:00 AM – 6:30 PM, Wednesday, June 10th

Registration deadline: May 15th

Join us for a day of exploration in Shipshewana, Indiana's Amish Country! We'll start our day with a guided tour at the Menno-Hof cultural center, which teaches visitors about the faith and life of Amish and Mennonites. Their multi-image presentations, historical environments, and colorful displays will take us on a fascinating journey inside their unique world.

Next, we'll head to an Amish home for a traditional haystack meal, a build-your-own layered dish. It starts off with a base layer of crackers or rice, followed by your choice of meat, beans, vegetables, cheese and/or sauces. You'll also have your choice of apple, blueberry, or butterscotch cream pie for dessert.

We'll then head back into town to enjoy the gigantic outdoor Shipshewana Flea Market, stopping to see a Quilt Garden or two along the Heritage Trail on our way. Be sure to bring your shopping bags, as you'll find bargains on home decor, clothing, produce, plants, tools, crafts, books, beauty supplies, accessories, handmade items, vintage items and everything imaginable!

Bring cash if you'd like to rent a scooter—rentals are \$25 cash for 2 hours.

Stay tuned for more trips coming soon! We'll list additional trips at <https://lourdes.edu/travel/> as they become available.

OUTINGS AROUND TOWN

Local outings meet off-campus and transportation is not provided by Lourdes. Further details on the meeting location will be shared with attendees upon registration. All registrants are responsible for getting themselves to the meeting point. Further instructions are emailed to registrants a week prior to the outing. **Registrants are welcome to arrange their own carpools to meet at Lourdes, if desired.** If carpooling, please make sure any vehicles left in the Lourdes parking lot display a LLL Parking Pass or Member Sticker in their back window (or front dash, if back is not possible).

Escape Game Adventure

2:45 - 4:15 PM, Friday, March 6

Meets at Funigans

Registration deadline: Feb. 26th

Join us for a fun escape game challenge at Funigans! If you enjoy brain teasers, riddles, and puzzles, this adventure is for you. Registrants will complete one of two possible games: Murder in London, where we'll be investigating the murder of a Scotland Yard detective, or Wizards Tower, where we'll travel back to the age of swords and sorcery to harness elemental runes and unlock their mysteries.

Longevity Lunch & Learn at ForeverFit

12:00 - 1:00 PM, Tuesday, April 21

Meets at ForeverFit

Registration deadline: Apr. 13th

Enjoy a healthy lunch and learn about how to boost your longevity at ProMedica ForeverFit. Medical Director, Matthew Rennels, DO, will start off the hour with a special presentation on longevity. After the presentation, participants will have the opportunity to take a 30-minute chair yoga class/demo and/or take a tour of the club and Longevity Center. As a medically integrated fitness center, ForeverFit has the professional expertise and programming necessary to safely and effectively assist members to develop, initiate, and maintain an active lifestyle regardless of their current health status. This helps minimize the risk of illness and disease and promotes health and wellness.

Woodlawn Cemetery Nature & History Tour

11:00 AM - 12:30 PM, Tuesday, May 26

Meets at Woodlawn Cemetery

Registration deadline: May 15th

In this 90-minute guided walking tour, a Woodlawn Cemetery docent will lead us on a discovery of history, art and nature. With its winding paths, gentle hills, serene lakes and towering trees, historic Woodlawn Cemetery & Arboretum is a perfect place for quiet remembrance and reflection.

In 2026, Woodlawn celebrates 150 years of Toledoans honoring loved ones laid to rest in their beautiful cemetery. Founded in 1876, Woodlawn Cemetery is a classic example of the type of rural cemetery that urban planners began to favor in the mid-1800s. Its original 160 acres were situated outside the city limits. The beauty of nature and the work of accomplished artists and architects coalesced in its stunning park-like setting. Over the years, leaders from every facet of Toledo society were laid to rest at Woodlawn. Their families erected elaborate mausoleums and stunning statuary to commemorate their lives. And the city of Toledo grew up to surround the cemetery grounds—creating an urban gem for generations to enjoy. In 1998, Woodlawn Cemetery was recognized as a National Historic Site. Today, the cemetery's board of trustees is dedicated to preserving both the exquisite beauty and historic significance of the site.

FREE LECTURES

These happen in the Conference Room of the Franciscan Center. We will also offer in-person registration from 9am-12pm on each free lecture date for anyone who wishes to sign up for future classes/events. With the exception of January 16th, we kindly request everyone register for free lectures in advance so we can prepare accordingly and so attendees can receive email reminders & updates.

***The Barren Earth Without Waters:
Understanding The Loneliness Epidemic***

Thasia Awad, MSW, LSW

10:00 – 11:00 AM, Friday, January 16

With over 17 years of experience in the mental health field, Thasia Awad is a licensed Master's Level Clinical Social Worker who provides compassionate, individualized care to individuals and families navigating a wide range of emotional and relational challenges. Her clinical areas of expertise include trauma-informed care, complex trauma, PTSD, depression, anxiety, eating disorders, relationship conflict, self-esteem and identity, social-emotional learning, and life skills development.

In addition to her clinical work, she brings over two decades of experience serving at-risk youth and families, particularly those involved with child protective services, foster care, adoption, children of immigrants, as well as individuals impacted by health disparities and systemic barriers. Thasia has worked extensively with individuals who are healing from the long-term effects of generational, transgenerational, and systemic traumas. Her approach is grounded in fairness, empathy, and a deep respect for the diverse life experiences of every individual, as she believes that everyone deserves a safe and supportive environment where they can be seen, heard, and empowered to heal.

Thasia's latest efforts center around utilizing her expertise at Big Brothers Big Sisters NWO as Director of Development, to help develop a system for innovative programming that supports healthy connections and social-emotional learning for youth and families, while leveraging the support of community stakeholders to promote organizational sustainability.

Foundations for Fall Prevention: A Guide for Graceful Aging

Corey Anderson

10:00 – 11:00 AM, Friday, February 20

Join Corey Anderson, an injury prevention nurse with UToledo Health, as we discuss the lasting impacts falling has on an aging body and older populations. Observe the risk factors associated with falling, review the potential consequences, and be reminded of accessible interventions that decrease our personal risk. Embrace strength through support of one another, in community.

The Role of Strength Training as We Age

Nicole Mason, BS, CHES, PAPHS

10:00 – 11:00 AM, Friday, March 20

This engaging lecture explores how strength training supports healthy aging by improving mobility, preserving muscle mass, boosting bone density, and enhancing overall quality of life. Participants will learn about age-related changes in strength, the benefits of incorporating resistance exercise at any stage of life, and practical strategies to safely begin or progress a program. Whether you are new to exercise, returning after time away, or looking to optimize your current routine, this session provides valuable insights into how strength training can help maintain independence, vitality, and longevity.

Nicole is a health and fitness professional with 7+ years of experience bridging clinical exercise, wellness, and healthcare. Currently serving as Fitness Manager & Clinical Program Coordinator at ProMedica ForeverFit/Icaria. She is a Certified Health Education Specialist (CHES) and ACSM Personal Trainer, with expertise in program development, fitness assessments, and tailored exercise prescriptions for diverse populations—including cancer recovery, cardiopulmonary rehab, and occupational health. She is passionate about advancing innovative wellness programs, mentoring fitness professionals, and helping individuals achieve long-term health and strength.

Vitamins & Supplements 101

Kylie Study, M.Sc, MSTOM, Dipl.OM, L.Ac
10:00 - 11:00 AM, Friday, April 17th

Kylie Study will return to share her wealth of knowledge on vitamins and supplements. She will enlighten us on the importance of choosing high quality supplements and how to shop for quality supplements (including how to read those confusing labels!). She will also educate us on how to research vitamins and supplements and provide resources. Come prepared with all your burning supplement questions!

Kylie spent several years in scientific research at the University of Toledo where she obtained her master's degree in Biomedical Science (M.Sc.). During this time, she started her own wellness journey and began looking into integrative and natural therapies to support her well-being. She loves to share her extensive knowledge of acupuncture, wellness therapies, lifestyle modifications, vitamins and supplements. Kylie is a Licensed Acupuncturist at Icaria Powered by ProMedica, a state of the art center where health optimization is key. She brings her passion for natural wellness and many years of working with various conditions to her diverse clients. She has spent the majority of her over 13 year career working in large health care settings melding natural therapies with traditional care.

Mentorship Across a Lifespan

Dr. Marvin Whitfield & Thasia Awad, MSW, LSW
10:00 AM – 11:00 AM, Friday, May 15

Dr. Marvin Whitfield and Thasia Awad, MSW, LSW, will discuss the importance of mentorship at all ages, bringing to the conversation their decades of experience with Big Brothers Big Sisters of Northwestern Ohio and beyond.

Dr. Whitfield is a visionary leader, educator, and champion for social equity, currently serving as the CEO of Big Brothers Big Sisters of Northwestern Ohio. He is also the founder of the Blue Force Mobile Training Team, an innovative initiative committed to equipping organizations with cutting-edge training solutions that drive performance and purpose. A tireless advocate for youth resilience, trauma-informed care, and social justice, Dr. Whitfield actively engages in committees and initiatives dedicated to these causes.

Thasia Awad, Director of Development of Big Brothers Big Sisters of Northwestern Ohio, has worked extensively with individuals who are healing from the long-term effects of generational, transgenerational, and systemic traumas. Her approach is grounded in fairness, empathy, and a deep respect for the diverse life experiences of every individual, as she believes that everyone deserves a safe and supportive environment where they can be seen, heard, and empowered to heal.

SPECIAL EVENTS

Planetarium Show: Oasis in Space

Carl Holas

10:00 - 11:00 AM, Tuesday, February 3

Registration deadline: Jan. 26th

Set off on a journey through the Solar System in search of water, the key to life on Earth. Learn about current space missions searching for traces of life and the hunt for extrasolar planets.

Carl Holas is an Adjunct Faculty member at Lourdes teaching math and assisting students

in the physics lab. He has been conducting shows in our Appold Planetarium since 2023.

WhoDunnit Murder Mystery Lunch

11:15 AM – 2:00 PM, Friday, March 20

Registration deadline: Mar. 1st

Enjoy a tasty lunch while taking in an immersive, interactive performance! Costumed improv actors will guide us through a murder mystery story full of witty banter and dynamic interaction. Everyone will join in the fun and a few audience members will even get to play a

character, complete with costume accessories.
So bring your besties and come solve a mystery!

Our hot lunch buffet will feature delicious herb-grilled chicken breast, lemon roasted potatoes and grilled seasonal vegetables served with pita chips, tzatziki sauce, and a Greek salad, along with assorted cookies and dessert bars. If you have special dietary needs, please include a note on your registration form.

Climate Change Update

Dr. Andy Jorgensen

10:30 AM – 12:00 PM, Friday, April 24

Registration deadline: Apr. 16th

The world moves fast and sadly, so does climate change. Join us for this special lecture offering an update on the topic from Dr. Andy Jorgensen, Professor Emeritus of Chemistry at the University of Toledo. As a bonus in honor of Earth Day, we will also share tasty vegan bites during the lecture.

CLASSES

Dying to Know

Dawn Gramling

1:00 - 2:00 PM, Monday, January 26

Registration deadline: Jan. 18th

This introductory course provides an overview of what to expect when you find yourself in the death and dying world. You will find answers to: What does it look like? What does that mean? It also touches on how to support the dying person as a caregiver and as a friend. Death can be uncomfortable until you understand it and this course will help to normalize a part of the natural life cycle.

Dawn Gramling is a Licensed Independent Social Worker with over 20 years of experience as a medical social worker. Dawn is a Certified Hospice and Palliative Care Social Worker and has been working at Hospice of Northwest Ohio for 9 years. She currently works as a hospice educator in the clinical setting and the community.

The Gospel of Matthew: An Examination, not a Bible Study

Paul Mueller

1:00 - 3:30 PM, Tuesdays

January 27 through March 3 (6 weeks)

Registration deadline: Jan. 19th

**** Class fills quickly! ****

This course will investigate the well-known Gospel of Matthew, which includes the Beatitudes, the Sermon on the Mount, and the

Our Father that is most commonly used. Matthew is the first Gospel in the Bible, and it has found use in numerous different applications, as many prefer it to the other three. Matthew begins with the nativity story of the Magi, which will be celebrated shortly before the course starts.

Paul Mueller is an adjunct instructor of theology at Lourdes University. He received his Master of Arts degree in theology at Lourdes in 2011, and his doctorate in theology at Duquesne University in Pittsburgh in 2021. He is an active member of St. Joseph Parish in Sylvania.

Causality of the American Revolutionary War

Dr. Dwayne Beggs

1:00 - 2:00 PM, Thursdays

January 29 – March 5 (6 weeks)

Registration deadline: Jan. 21st

Colonial discontent with Great Britain, its policies, and its efforts to assert control over the Colonies led to the American Revolutionary War, which was fought from April 19th, 1775, until September 3rd, 1783. Over the course of six weeks, we will examine the causality of the war in-depth, with an emphasis on specific events and policies that pushed the Colonists away from Great Britain. The class will feature interactive discussion that encourages critical thinking about the revolutionary era and perspectives on both sides of the war.

Dr. Dwayne Beggs has taught many popular classes on many military conflicts for Lifelong Learning. Dr. Beggs earned a M.A. and a

Ph.D. in U.S. Diplomatic History from BGSU. He also holds an M. Div. and served as a Youth Pastor / Associate Pastor for 22 years.

Interfaith Offering:

Finding the Messages in Tarot

Rev. Sharon Willard

11:00 AM – 12:30 PM, Friday, January 30

Registration deadline: Jan. 22nd

By popular demand, Rev. Sharon Willard returns for a more in-depth look at the Tarot, its symbolism, and the messages within it. This course is part of a budding series to highlight different spiritual views and belief systems.

Sharon is a 3rd generation spiritualist minister who grew up attending Good Will Spiritualist Church, which focuses on spiritual growth and development.

Death & Dying

Dawn Gramling

1:00 - 2:00 PM, Mondays

February 2 - 23 (3 weeks)

Registration deadline: Jan. 25th

This 3-week class will dive deep into the death and dying stages of our lives. You will learn the physical, emotional, and spiritual aspects of dying and explore palliative care and hospice philosophy. We will talk about the historical and cultural death beliefs, practices, and rituals while also exploring your personal thoughts and beliefs on death and dying.

Dawn Gramling is a Licensed Independent Social Worker with over 20 years of experience as a medical social worker. Dawn is a Certified Hospice and Palliative Care Social Worker and has been working at Hospice of Northwest Ohio for 9 years. She currently works as a hospice educator in the clinical setting and the community.

Broken Made Beautiful

Sheila Otto

9:00 AM - 12:00 PM, Wednesday, February 4

Registration deadline: Jan. 27th

Kintsugi (“golden joinery”) is the ancient Japanese art repairing broken pottery with lacquer and gold. In kintsugi the repaired piece is

viewed as stronger and more beautiful, healed and transformed. In this class we will practice the art by intentionally breaking a piece of simple pottery. Using epoxy and gold embossing compound, we will simulate the ancient art of kintsugi. After growing comfortable with the process, we will repair another piece that might have some history for you. The process of repair can be freeing. Mending, patching, transforming broken parts creates something new and beautiful. Conversation and noticing your own process will be encouraged in the class.

Seeing History Through Contemporary Art

Carol Schwartz

10:00 AM - 12:30 PM, Tuesday, February 10

Registration deadline: Feb. 2nd

Contemporary art often receives a bad rap. Here is an opportunity to discuss whether some of that criticism may be warranted. This session examines the shifts in art over the last century, offering a chance to consider the meaning of these changes, the reasons behind them, and whether they are what they seem upon initial inspection. Many of the works presented are from the Toledo Museum of Art collection.

Carol Schwartz, Ph.D. loves to learn and finds it's great fun to learn with others. She has taught students from junior high through graduate school, both online and face-to-face. After retiring as a professor from Lourdes University, Dr. Schwartz became a docent at the Toledo Museum of Art where her knowledge of history merged with her appreciation for art and she has one of the most exciting and beautiful “classrooms” in the world.

Glass Gardens Plant Propagation

Jessica Trumbull

1:30 – 3:00 PM, Wednesday, February 11

Registration deadline: Feb. 3rd

Discover the art and science of growing new plants from cuttings! Whether you're just getting into plants or looking to expand your skills, this beginner-friendly class will introduce you to the fascinating world of plant propagation. You'll learn:

- The basics of how plants function & grow
- Propagation methods & when to use them

- Propagating from stem cuttings
- How and when to take successful cuttings

As a hands-on bonus, each participant will build and take home their own propagation box—perfect for starting your new plant journey right away. No prior experience needed—just bring your curiosity and love for plants!

Jessica Trumbull went to MSU for agriculture and has spent four years practicing the art of terrarium building. She now runs a small business, Glass Gardens by Jess, selling terrariums at pop up shops and artist events around Toledo.

The Spectrum of Jazz: The Six Revolutions of Miles Davis

Fritz Byers

9:30 – 11:30 AM, Tuesdays

February 17 - March 24 (6 weeks)

Registration deadline: Feb. 9th

This class builds on the jazz classes Fritz has taught in the last several years. But it is also a stand-alone look at the musical journey and the pervasive influence of Miles Davis. Miles was at the center of six distinct innovations in jazz: bebop; cool; hard bop; modal jazz; avant-garde spaciousness; and jazz-rock fusion. Each of the six classes will focus on one of these phases, with close attention to Miles's music and a survey of the music of his fellow revolutionaries and those who felt his influence.

Each class will involve a brief discussion of relevant social and musical history; extensive listening to recordings; open-ended time for shared reactions; and a brief conclusion that will sum up the day's listening and point toward the next session. No out-of-class reading or listening will be required, but there will be plenty of suggestions for further listening – additional works by the featured musicians as well as recordings by other artists who might be considered forerunners or protégés. No musical knowledge is assumed or necessary.

Fritz Byers has been a devoted jazz fan since his high-school days in the early 1970s. He has hosted the suite of Jazz Spectrum shows, currently comprising Jazz Spectrum Friday, Jazz Spectrum Saturday, and Jazz Spectrum Overnight, on WGTE-FM 91, on its sister stations, and now online, continuously since he created

the show in April 1989. He has written extensively about the music and currently writes and edits a blog on the Jazz Spectrum homepage, www.wgte.org/jazz.

Service in the Modern Age

Anthony Knopps

3:30 - 5:00 PM, Wednesdays

February 18 - 25 (2 weeks)

Registration deadline: Feb. 10th

There's been a lot made about the value of service not having the ring it once did. But is that accurate? In this two-session class, Anthony Knopps shares his stories of service from men and women who know what it was like to be in the room. You see, they served the Office of the President of the United States. What was that mission like? What were the challenges of being within arm's length of the "leader of the free world." Knopps is a long-time instructor at George Washington University and a former D.C. political director for a leading broadcast group.

Side note: Students will be able to register for a discount code for his upcoming book, *The No-Fail Mission, Volume II* (due out in July 2026) as well as pick up a copy of Volume I of *The No-Fail Mission* at the publisher's discounted rate of \$17.40 (40% off). **Please come prepared with cash or check if you'd like to purchase a book from Anthony.**

Anthony Knopps is a Senior Instructor in the Graduate School of Political Management at George Washington University and an Adjunct Professor of Political Science at BGSU. Mr. Knopps also serves as a consultant with the National Endowment for Democracy. He has spoken with groups around the world about the importance of upholding ethical standards in the sharing of information. A TEDx Speaker, Mr. Knopps has earned an M.P.S. in Political Management from George Washington University and a B.A. from the University of Missouri. An Emmy-award winning storyteller, he is a published author with nine titles, including *The No-Fail Mission*—which looks at the men and women who earned the Presidential Service Badge. Volume II of *The No-Fail Mission* is due out in July of 2026.

The Schizophrenic Early 70s: From Kent State to Watergate to a Handshake in Space (1970 – 1975)

Dr. Shari O'Brien, JD, Ph.D.

1:00 - 4:00 PM, Tuesdays

March 3 – 31 (5 weeks)

Registration deadline: Feb. 23rd

In colloquial usage, the adjective SCHIZOPHRENIC means dual-natured, the very essence of an ambivalent period of triumphs and defeats, soaring spirits and broken hearts, stability and convulsions. Certainly, in a word, it was marked by weirdness (think celery Jello molded salad, the Alice Cooper Band and pet rocks)! Yet it was also a time when the Silent Majority (that is, our parents) led mostly ordinary, sedate lives. We'll be traveling through the first half of the decade by recollecting people and events taking center stage (and sometimes behind the scenes) in key areas. These include global and national affairs; medicine, science, and technology; business and industry; fashion and home decor; theater, film, TV and music; the literary arts and both photo and print journalism. The best part: you were witnesses.

Dr. Shari O'Brien has doctorates in English and law; she worked in United States District Court and practiced law for thirty-five years. Publishing five law review articles as well as hundreds of essays and poems in national journals, she taught writing and poetry for twenty-seven years at UT and continues to write poetry today.

Midnight in Broad Daylight: A Japanese Family Caught Between Hiroshima and America during WWII

Dr. Richard F. Weisfelder

2:00 – 3:15 PM, Wednesdays

March 4 - 11 (2 weeks)

Registration deadline: Feb. 1st

The first class session will deal with two issues affecting the Fukuhara family and all Japanese immigrants to the USA, namely immigration law and birthright citizenship. It will relate these experiences to the current U.S. debates regarding both. The second session will examine the impact of the war and the bombing of Hiroshima on both components of the

Fukuhara family. Combatant attitudes toward prisoners of war and retrospective views on the use of nuclear weapons will be emphasized.

Participants are asked to prepare for the sessions by reading Pamela Sakamoto's *Midnight in Broad Daylight*. This is included in the course fee and pickup instructions will be emailed to students by 2/9. Students may also choose to read Mark Sakamoto's *Forgiveness*, which deals with the similar issues in Canada, but this book is not included in the course fee.

Richard Weisfelder is a retired professor of political science at the University of Toledo. He taught, did research and led teacher and retiree groups to southern Africa where he spent roughly seven years of his professional life. After retiring, he and his late wife traveled widely, including two visits to Japan. The first of these, led by a UT professor and expert in Japanese history, language and culture, provided the inspiration for this course.

Thoreau at Walden and in Civil Disobedience

Cynthia Nowak

9:30 – 11:00 AM, Wednesdays

March 4 - 25 (5 weeks)

Registration deadline: Feb. 8th

Henry David Thoreau remains an American original as well as an American enigma: naturalist, lawbreaker, contrarian, anti-slavery crusader, a sponge for new experiences and a seeker of the Visitor Who Never Arrives. This class will bring him, *Walden* and his feisty "Civil Disobedience" to life via lively tell-all discussions and related videos. Who knows? By learning about his "life in the woods," you might be inspired to begin your own quest for a wider understanding of life. Thoreau and the world he knew have much to offer to our own rebellious, contentious age. A copy of Thoreau's *Walden* and "Civil Disobedience" is included in the class fee. Instructions to pick up in advance of class will be emailed by 2/13.

Cynthia Nowak, who earned her master's degree in literature at the University of Toledo, has opened new vistas in Thoreau's life and works for many students, always finding new aspects of that often-misunderstood writer—for whom Ken Burns is still planning a documentary.

How We Know Where We're Going: Jefferson's Vision and GPS

George Shirk

1:00 - 2:30 PM, Thursdays

March 5 - 26 (4 weeks)

Registration deadline: Feb. 25th

Over 200 years ago, Thomas Jefferson envisioned a vast "Empire of Liberty" that would be mapped and surveyed for the benefit of the nation. Landscapes would be filled with farms, territories would be charted, mountains mapped, and harbors made safe for ships. All would be tied together in a single system. Jefferson's vision enabled canals, rail lines and interstate highways. In this class, we will look at the processes that made all this possible: from measuring the distance from Maryland to New Orleans, to examining the Public Land Survey system and Ohio's primary role in its development, to precision farming, and finally to GPS.

Dr. George Shirk is a Professor Emeritus at the University of Toledo. He received a B.A. from Augustana College, a M.A.T. from the University of the South, and a Ph.D. from the University of Illinois. After retiring from U.T., he served as chair of the Teacher Education Dept. of Adrian College. Prior to working at U.T., he taught Jr. and Sr. High School General Science, Chemistry, and Mathematics.

From Vineyard to Glass: Understanding Terroir

Nicholas Kubiak

6:30 – 8:30 PM, Thursday, March 5

Registration deadline: Feb. 25th

**** Class fills quickly! ****

This class explores how geography, climate, and soil shape the personality of wine. Students compare wines from different regions to understand how terroir influences aroma profiles, flavor intensity, structure, and aging potential. Ideal for building a deeper appreciation of why the "where" matters as much as the "what" in winemaking.

Nicholas Kubiak is a Certified Specialist of Wine and Spirits and a veteran of our local wine industry.

ONLINE CLASS: European Landscape: 4th anniversary of Russian Invasion of Ukraine

Jarosław Szczepański

12:00 – 1:15 PM, Monday, March 9

Registration deadline: Mar. 1st

Join us for an insightful lecture on the "European Landscape: 4th Anniversary of Russia's Invasion of Ukraine," presented by a renowned Polish political scientist. Tailored for American seniors in our lifelong learning program, this session will explore the ongoing geopolitical transformations in Europe since the 2022 invasion. Key topics include the resilience of Ukraine amid conflict, shifts in NATO and EU alliances, economic repercussions across the continent, and broader implications for global stability. From a Central European viewpoint, the speaker will discuss lessons learned, humanitarian challenges, and pathways toward lasting peace, fostering thoughtful dialogue on this pivotal moment in modern history.

Jarosław Szczepański trained as a political scientist and lawyer and currently works as an assistant professor at the University of Warsaw in Poland. He was a 2021 Fulbright Fellow at OSU and has conducted research at Victoria University of Wellington.

The Gospel of John: An Examination, not a Bible Study

Paul Mueller

1:00 - 3:30 PM, Tuesdays

March 10 - April 14 (6 weeks)

Registration deadline: Mar. 2nd

**** Class fills quickly! ****

The study of John is different from the other three, demonstrating a great deal of independence from the Synoptics. John includes only a few, but well-known miracles, including the changing of water into wine at Cana, raising of Lazarus, and the healing of the man born blind. John presents a very exalted Jesus, as he tells his story with the announced intent to convince the reader of the position of Jesus as Son of God.

Paul Mueller is an adjunct instructor of theology at Lourdes University. He received his Master of Arts degree in theology at Lourdes in

2011, and his doctorate in theology at Duquesne University in Pittsburgh in 2021. He is an active member of St. Joseph Parish in Sylvania.

Sins Against Science

Dr. Anjali Gray

~~1:00—2:00 PM, Mondays~~

~~March 16—April 27 (6 weeks; Skipping 4/6)~~

~~Registration deadline: Mar. 5th~~

NOTE: As of 12/23, this course is being rescheduled. We do not currently know when it will be offered. Please email lifelong@lourdes.edu if you'd like to be notified of the new dates when we have them. We apologize for any inconvenience.

This course will explore how science is sometimes misused in popular culture by manipulating methods and communications to create a seemingly valid, yet false appearance of legitimacy. It will analyze controversies involving pseudoscience, hoaxes, frauds, and media misrepresentations.

ONLINE CLASS: 19th Century French Opera: Between Pageantry and Realism

Dr. Christopher Williams

4:30 – 6:00 PM, Mondays

March 16 - 30 (3 weeks)

Registration deadline: Mar. 5th

Other than *Carmen*, only a handful of nineteenth-century operas from France have achieved great popular success, Gounod's *Faust* and *Romeo and Juliet* and Massenet's *Manon* and *Werther* among them. But *Carmen*'s almost revolutionary success belies a rich and constituent tradition that tells us much about how our forebears struck a balance between popular entertainment and serious artistic ambition.

Over three classes, we will explore the tension between popular and serious opera in France of the 19th century. The century began dominated by the concept of grand opéra, with its mythological and historical themes reflected in pageantry and at best the spirit of Shakespearean tragedy, in works by Berlioz, Meyerbeer, and Spontini. Gradually, composers began to explore more realistic storylines that led them to blend tones and techniques, and even

introduce a comic elements. These works were almost always literary adaptations, *Carmen* included and helped pave the way for the realistic and powerful lyric drama that dominated opera at the turn of the century.

Great Decisions: 2026 Edition

Hugh Grefe

1:00 – 3:00 PM, Wednesdays

March 18 – May 6 (8 weeks)

Registration deadline: Feb. 22nd

Dig into and discuss the biggest topics in international affairs! Explore topics ranging from the impact of tariffs in the changing role of the US in the world economy, a look at the future of multilateralism and global relations, reflections on US-China relations, Africa and more. Discussions are based on materials from the Foreign Policy Association which selects eight critical issues each year.

Read a chapter in the briefing book at home, then watch a video briefing at the start of class before diving into a spirited and structured discussion of the most critical global issues facing America today. The required textbook is included in the class fee and will be available for pickup by 3/11 (details will be emailed to all registrants).

Facilitator Hugh Grefe earned a Master of Arts in History at the University of Toledo and has served in a variety of senior staff and board roles in the greater Toledo community. In 2002 he was awarded a Fannie Mae Foundation Fellowship to participate in the Program for Senior Executives in State and Local Government at the John F. Kennedy School of Government, Harvard University.

The Passion Narratives of the Four Gospels

Paul Mueller

1:00 - 3:00 PM, Wednesdays, March 18 - April 1

- OR -

7:00 - 9:00 PM, Mondays, March 16 - 30
(3 weeks)

Registration deadline: Mar. 5th

This course will look at the sections of the four canonical Gospels that begin with Jesus' entry into Jerusalem on Palm Sunday, going through to his Ascension. We will look at how the events leading to Jesus' crucifixion vary in each

Gospel, and where they agree, in order to come to a good understanding of what actually happened.

Paul Mueller is an adjunct instructor of theology at Lourdes University. He received his Master of Arts degree in theology at Lourdes in 2011, and his doctorate in theology at Duquesne University in Pittsburgh in 2021. He is an active member of St. Joseph Parish in Sylvania.

Beyond the Pages

Charlotte Halloran & Sheila Otto.

10:00 AM - 12:30 PM, Thursdays

March 19 - 26 (2 weeks)

Registration deadline: Mar. 5th

Can you recall your favorite childhood story? Bible story? fairy tale? Wisdom tale from your tradition? Have you every thought about what part those stories have played in your life?

In this class we will look closely at how these stories (perhaps forgotten) have influenced you. Charlotte, grounded in psychology and Sheila, grounded in story, are both interested in what Einstein called "holy curiosity," and will guide the conversations to explore the meaning of favorite stories. How do our stories lead us to creatively viewing our life direction?

This is a fun voyage of discovery, not analysis or group therapy. It will include hearing some new stories, sharing our stories, learning how to listen with a deep sense of presence and how to respond creatively.

Charlotte has a PhD in psychology and practiced in Cincinnati, an undergraduate degree from a Catholic seminary, a counseling degree and a certificate in spiritual direction. She looks forward to this fun exploration together.

Hot Topics in Brain Science

Carol Budzenski, Ph.D.

10:00 AM - 12:00 PM, Mondays

March 23 - 30 (2 Weeks)

Registration deadline: Mar. 5th

**** Class fills quickly! ****

What does current research show us in regard to brain involvement in autism, gender identity and addiction? Where are we in regard to Brain/Al interface, brain stimulation and neurotherapies for treatment of conditions? Come

learn what the present and the future may hold for us!

Carol Budzenski, Ph.D. is a board-certified neuropsychologist recently retired from the University of Toledo Medical Center.

The Pacific Northwest: Idaho, Oregon, Washington, and the Canadian Rockies

Jan Whitaker

10:00 – 11:30 AM, Wednesdays

April 1 - 8 (2 weeks)

Registration deadline: Mar. 24th

The Louisiana Purchase of 1803 led to our first investigations of the Pacific Northwest. The Lewis and Clark expedition is the most universally known event of American exploration. Join us as we follow in their footsteps. Encompassing the present states of Washington, Oregon, and Idaho, along with the Canadian province of British Columbia, it is defined by its diverse geography, which includes lush coastal rainforests, the Cascade and Rocky mountain ranges, mighty rivers like the Columbia, and coastlines with features like islands and estuaries. Numerous National Park Service sites preserve the history and magical scenery of this region.

An inveterate traveler, willing to go anywhere anytime, Jan Whitaker is an Ohio native with a lifelong interest in the history of our area. Previously Jan spoke about the 1,200-mile Buckeye Trail and shared personal stories of her hike, as well as NPS sites in Michigan and Ohio. In her pursuit of visiting all of the US National Park Service sites, this program is concentrating on the Pacific Northwest in her continuing series.

Springing into Wines: From Bubbles to the Best Pairings

Nicholas Kubiak

6:30 – 8:30 PM, Wednesday, April 1

Registration deadline: Mar. 24th

**** Class fills quickly! ****

This class blends the best parts of Easter wine education into one engaging experience. Students begin with sparkling wine to understand why bubbles are the perfect start to any Easter brunch. From there, the class explores the wines of spring: crisp Sauvignon Blancs, floral aromatic

whites, elegant rosés, and lighter, food-friendly reds like Pinot Noir and Gamay. Participants learn how these fresh, lively wines complement classic Easter dishes such as ham, lamb, deviled eggs, asparagus, spring vegetables, and brunch favorites. Through structured tastings and practical pairing guidance, guests gain the confidence to select crowd-pleasing wines for the holiday—and discover new seasonal favorites along the way. Perfect for anyone hosting Easter dinner, planning brunch, or simply ready to celebrate the arrival of spring with vibrant, delicious wines.

Nicholas Kubiak is a Certified Specialist of Wine and Spirits and a veteran of our local wine industry.

ONLINE CLASS: Marcus Aurelius and The Meditations: The Book to Himself

L. Paul Hood, Jr., JD, LL.M.

10:00 - 11:30 AM, Thursdays

April 9 - 16 (2 weeks)

Registration deadline: Mar. 31st

Marcus Aurelius, the last of the so-called five “good” Roman Emperors (also the last Antonine Emperor), reigned from 161-180 AD. Spending much of his reign on military campaign in Gaul out in military encampments, he journaled his inner thoughts about what he had to contend with from people in general, which was not named and was supposed to have remained private and never made public. In this two-session course, Paul will cover:

Session I: After some background information about the Emperor, Paul will describe the historical and philosophical context of *The Meditations*. He will lay out the core tenets of his Stoicism, carefully delineating between the things or events that we can control, our actions, intentions, and judgments, etc.) and what we cannot control, i.e., our bodies, reputation, external events, as well as our death.

Session II: In the second session, Paul lays out the themes of the current 12 chapters of *The Meditations* and discusses the amazing story of how *The Meditations* remained hidden and how it was rediscovered.

A native of Louisiana, Paul Hood obtained his undergraduate and law degrees from Louisiana State University and an LL.M. in

taxation from Georgetown University Law Center before settling down in the New Orleans area. Paul has taught at the University of Toledo College of Law and Ohio Northern University Pettit College of Law. A passionate history buff, Paul teaches history of tax law, and he has taught courses and given numerous speeches about a wide variety of historical subjects from the history of the papacy/popes to the governors of Louisiana.

Introduction to Tai Chi

Corey Anderson

10:00 – 11:00 AM, Thursdays

April 9 – 16 (2 weeks)

Registration deadline: Mar. 31st

Tai Chi is an ancient Chinese practice that combines slow, flowing movements with deep breathing and meditation. It enhances mind-body connection to improve physical and mental well-being. Join Corey Anderson, an injury prevention nurse with UToledo Health, as he guides you on an introductory journey through this deeply peaceful experience.

Silk Scarf Painting

Sister Sharon Havelak, OSF

1:00 - 3:00 PM, Thursdays

April 9 - 30 (4 weeks)

Registration deadline: Mar. 31st

Looking for that perfect scarf? Try painting it! Explore the delight of painting a silk scarf with fiber reactive dyes. You will have the opportunity to paint at least three scarves, using different painting techniques. No previous experience necessary, just bring your creativity! All materials will be provided.

Sister Sharon Havelak, OSF, is an artist and adjunct instructor at Lourdes University. She previously managed All Good Things, a gift shop and gallery that offers items made by the Sisters of St Francis, but now gives more of her time to her art.

Art of the Afterlife: A Global Exploration of Funerary Art

Kristin Baldeschwiler

3:00 – 5:00 pm, Thursdays

April 9 - May 21 (6 weeks; *Skipping 4/23*)

Registration deadline: Mar. 31st

You CAN take it with you (and many people have)! Explore the funerary and memorial art of many nations and cultures, including those in our own back yard. Funerary art is any work of art forming, or placed inside, a repository for the remains of the dead. The deposit of remains with an apparent aesthetic intention is found in nearly all cultures; many of the best-known artistic creations of past cultures—the Egyptian pyramids, the Terracotta Army, the Sutton Hoo ship burial, and the Taj Mahal—are funerary works of art.

Kristin Baldeschwiler, a 2003 graduate of Lourdes, received her BA in Art History and has worked at St. Vincent Medical Center since 2010. She celebrated her 20th year of teaching in the Lourdes University Lifelong Learning program in 2025.

Dr. Walker and Her Two-bit Friends

Sheila Otto

10:00 AM - 12:00 PM, Wednesday, April 15

Registration deadline: Apr. 7th

Dr. Mary Edwards Walker, Civil War physician and the only woman to win the Medal of Honor, was honored in 2024 in the US Mint's American Women Quarters series that commemorates five American Women each year (2022-2025). Sheila Otto has long recreated Dr. Walker in her tuxedo and top hat telling her crusading stories. She will be introducing some of Dr. Walker's new colleagues who appear on the coins.

Sheila Otto enjoys taking on the persona of Dr. Walker. The original Dr. Walker last spoke to audiences in Toledo in 1893—*The Blade* gave her mediocre reviews! Sheila is eager to take on the role of Dr. Walker again and introduce you to her "two-bit" friends from other coins, including many remarkable American women whose names and stories you may not even know.

Come prepared to have some fun as Dr. Walker challenges you with puzzles and games and historical trivia as you get to know some very unique women's stories. You will take home a bibliography and short history of each woman honored in this Quarter Series. Begin your own search now. Look at the quarters in your wallet,

purse or change jar. Bring in any "twenty-five cent women" and find out what stories you haven't heard.

The Russian Revolution: A Review of Events in 1917 With Echoes in the Present

Dr. Andy Jorgensen

10:00 AM - 12:00 PM, Wednesdays

April 22 – 29 (2 weeks)

Registration deadline: Apr. 14th

Following last semester's Survey of Revolutionary France class, we continue on the theme with this study of the Russian Revolution. The two revolutions shared some similarities, but also major differences, especially with respect to the present situation in each country. In 1917 Russia, there were actually two revolutions: one that overthrew the Romanov Dynasty, and the subsequent one that brought Communists, including Lenin, to power.

An accessible reference for this period is Robert Massie's *Nicholas and Alexandra*, though reading the book before the class is not necessary and **the book is not included** in the class price.

Dr. Andy Jorgensen is Professor Emeritus of Chemistry at the University of Toledo.

Exploring a New Cosmic Creation Story

Sister Rosine Sobczak OSF

10:00 AM – 12:00 PM, Wednesdays

April 29 – May 6 (2 weeks)

Registration deadline: Apr. 21st

Explore an evolving story of Cosmic Creation and our place within it. We will draw inspiration from the works of Passionist priest Thomas Berry, mathematical cosmologist Brian Swimme, and others. Science and spirituality are joining together after centuries of separation to reveal the powers of the Universe that give us hope for the future in these turbulent times. This class will foster reflection, stimulate discussion, and inspire action, guiding you towards discovering your unique calling and the Great Work you are meant to pursue. Registration includes a copy of the book *The Universe is a Green Dragon* by Brian Swimme. Books will be distributed in the first class.

Sister Rosine Sobczak, OSF is an Associate Biology Professor Emerita, who has linked biology and spirituality to a great degree in her own life for the past 30 years and presented insights to others who were eager to listen and grow in their own spirituality.

Birds of Northwest Ohio

Elizabeth Anderson

9:00 – 10:30 AM, Fridays

May 1 – 8 (2 weeks)

Registration deadline: Apr. 8th

Did you know Northwest Ohio is a hotspot for birders around the world? In this beginner-friendly birding course, you will learn how to identify some of the birds that pass through, nest in, or call Northwest Ohio home. In the second session, you will put your newfound skills to the test by heading out to Sylvan Prairie Park to see how many Northwest Ohio birds you can identify.

The course fee includes a copy of the book *AMNH Pocket Field Guide to Birds of North America (Eastern Region)*. Pickup instructions will be emailed to registrants a week before class.

Elizabeth Anderson received an English degree from Lourdes University and now works as an administrative assistant. She is the author of *The Keeper of Lonely Spirits* (MIRA Books, 2025) and *The Lord of the Wood* (Hanover Square Press, 2026). Elizabeth started birding 15 years ago and looks forward to sharing one of her favorite pastimes with Lifelong Learners.

ONLINE CLASS: How to Listen to Renaissance Music

Dr. Christopher Williams

4:30 - 6:00 PM, Mondays

May 4 - 18 (3 weeks)

Registration deadline: Apr. 26th

It is hard to encounter a serious concert of choral music that doesn't draw heavily from the Renaissance, the seemingly endless fount of music from the 16th century. But it can be difficult to listen to and process, because, as overwhelmingly beautiful as it is, it requires a keen attention to texture and melody that is easier to distinguish in more recent music. Developing these skills can be rewarding for all one's listening experiences.

Over three 90-minute classes, this course will explore the rich musical and historical legacy of this period, from the pathbreaking compositions of the 14th century (composers like Busnois, Ockeghem, and Dufay), through the first composers to exploit the invention of moveable type (Josquin), through the seamlessly beautiful yet politically functional and explosive music of Palestrina, Lassus, Victoria, and Byrd, as competing musical nationalities found their voice.

Care for the Republic

Dr. Keith Burris

2:00 - 4:00 PM, Tuesdays & Thursdays

May 5 - 14 (2 days per week for 2 weeks)

Registration deadline: Apr. 13th

After the Constitutional Convention, Ben Franklin told a friend that the system of government we now possessed was "... a republic ... if you can keep it." How do we *keep* the republic? Specifically, how do we nurture civic life, citizenship and democratic values? How do we protect the republic, and our liberties, from abuse and excess? What if checks and balances require some form of virtue and a great deal of attention and obligation? We shall examine the ideas of a Christian humanist and of a British conservative in this regard.

Two books will be used in this class: *Man and the State* by Jacques Maritain and *Rationalism in Politics* by Michael Oakeshott. Registration includes a copy of both books.

Keith C. Burris, Ph.D. wrote for the Toledo Blade from 1986 to 1988 and again from 2013 to 2022. His most recent position was Editorial Director and Vice President of Block Newspapers. In addition to writing for several other newspapers, Keith has also taught at Washington & Jefferson College, the University of Hartford, Trinity College, and West Virginia University.

Cabernet Sauvignon: Exploring the King of Red Wines

Nicholas Kubiak

6:30 – 8:30 PM, Thursday, May 7

Registration deadline: Apr. 29th

*** Class fills quickly! ***

This class dives deep into Cabernet Sauvignon—its history, global influence, and the reasons it's considered the world's most important red wine grape. Participants learn how Cabernet's signature traits—dark fruit, firm tannins, age-worthiness, and structured balance—express themselves across different terroirs and winemaking styles. Through guided tastings of both Old World and New World examples, students discover how climate, soil, and oak shape Cabernet's personality. The class also covers classic regions (Bordeaux, Napa,

Chile, Australia), food-pairing strategies, and how to evaluate quality and aging potential. Designed for casual enthusiasts and serious students alike, this session builds a strong foundation for understanding—and confidently selecting—Cabernet Sauvignon.

Nicholas Kubiak is a Certified Specialist of Wine and Spirits and a veteran of our local wine industry.

VOLUNTEER OPPORTUNITIES

*** *Have fun & socialize while making a difference in the community!* ***

Habitat for Humanity Build (Light Duty!)

Exact Date TBD; 8:30 AM - 3:00 PM

By popular demand, we are planning another light-duty day of volunteering with our local Habitat for Humanity. However, since their construction schedule will not be completed until February, we do not yet have a date and time. If you are interested in volunteering, please register and we will email you when we have the date set. If we have an abundance of volunteers, we *may* schedule more than one.

Our volunteers will not be required or requested to do any heavy lifting, crouching, kneeling, or other strenuous physical activity. No

experience? No problem! No specific skills are required to volunteer and make a difference.

Maumee Valley Habitat for Humanity was formed in 1988 by a group of community and congregational volunteers. Homes were rehabbed and eventually new homes were built. 200 homes and 300 plus repairs later, their focus remains on ensuring everyone has the opportunity to own and live in safe and affordable housing. Their impact extends beyond Lucas County into developing countries like Ethiopia, Haiti and Guatemala. Only with your hands, and time, and donations can we work towards fulfilling our vision of *a world in which everyone has a decent place to live*.

HAPPENING AROUND LOURDES

S.A.V.E. Lectures

The Science Alliance for Valuing the Environment, (S.A.V.E.) Inc. at Lourdes University has a mission to foster a personal awareness and respect for the interrelatedness of ecology, spirituality, and sustainability. S.A.V.E lectures, held in the **Franciscan Center Board Room**, are *free and open to all*. No registration necessary. For more information call (419) 824-3691 or e-mail save@lourdes.edu.

The Role of Hydrogen in a Sustainable Future: An Overview of Production, Delivery, Uses & Required Workforce

Dr. Mark Mason

7:30 – 9:00 PM, Tuesday, January 20

Hydrogen can be a valuable tool for the reduction of carbon emissions in chemicals production, heavy industry, and transportation. In this presentation, Professor Mason will briefly overview the national and regional hydrogen economy, and discuss efforts to assess hydrogen-related workforce needs in Ohio and

Michigan and to develop appropriate training, certification, and academic programs to address these needs.

Dr. Mark Mason is Professor of Chemistry and former Director of the School of Green Chemistry and Engineering at the University of Toledo. His research and scholarly activities focus on sustainable chemistry, catalytic materials, and the development of hydrogen-related workforce training programs. Prior to joining the University of Toledo, Mark was a postdoctoral associate with Professor Andrew Barron at Harvard University (1991-1993) and an Assistant Professor at the University of Louisville (1993-1998). He received his Ph.D. from Iowa State University with Professor John G. Verkade (1991) and his B.S. in Chemistry from Bowling Green State University.

Environmental and Climate Justice in 2025: Challenges and Opportunities for Environmental Justice Advocacy

Dr. Nicholas Schroeck, Ph.D., Dean, Professor of Law, University of Detroit Mercy School of Law
7:30 – 9:00 PM, Tuesday, March 24

Dean Schroeck will provide a history of environmental justice, including the legal and policy tools available to advocates. He'll discuss current environmental justice challenges, opportunities and political realities at the federal, state and local levels in promoting environmental and public health.

Nicholas Schroeck, Dean and Professor of Law, University of Detroit Mercy, Detroit, MI since 2018. Previously he was an Adjunct Professor and then Associate Professor at Wayne State University. He is especially

Interested in experiential learning, that is, the clinic model, as it resonates with his values and professional background. His specialty in environmental law moved him to write many publications on this topic.

Hidden Lake Gardens: The Gem of Michigan's Irish Hills

Paul Pfeifer, Managing Director of Hidden Lake Gardens, Michigan State University
7:30 – 9:00 PM, Tuesday, April 21

Paul Pfeifer is the Managing Director of Hidden Lake Gardens at Michigan State University. He is responsible for the day-to-day operations of the Gardens, which is a 755-acre public garden located in Tipton, Michigan, 70 miles south of Michigan State University. He has held this role since 2014. Paul's oversight of the gardens incorporates curating the arboretum and plant collections and manages a staff of more than 30 full and part-time employees and facilitates more than 15 horticulture and related events per year. coordinate the development and execution of the \$1.25 million Reach for the Sky Canopy Walk, which opened in June 2023.

Paul has been involved with public and ornamental horticulture for over 30 years. In addition to his role at Hidden Lake Gardens, he has also worked at Draime Estate Gardens of Kent State University; Cleveland Botanical Garden; Chicago Botanic Garden; and the Gwinn Estate in Cleveland. Paul's education background includes an associate degree of applied science, commercial horticulture from The Ohio State University ATI; a Bachelor of Science degree in public horticulture from Purdue University; and a Master of Public Administration from Kent State.

Appold Planetarium

Did you know? The Appold Planetarium is available for private bookings! For more information e-mail planetarium@lourdes.edu.

Stay Connected with Lourdes University

SAVE THE DATE!

2026 Hit the Links Golf Outing

Monday, June 1 (Times TBD)

Toledo Country Club

A day of fun, fellowship, and fundraising in support of Lourdes University. Reach out to Cara O'Neill at CONeill@lourdes.edu for more details.

Thank you for your support!

We extend heartfelt gratitude to all our Lifelong Learning members, with special mention to those who have generously given additional support to **Lifelong Learning** this year. *The following reflects gifts received between January 1 and November 10, 2025*

Judith Ann Anderson
Anonymous
Tony & Trisha Barone
Fred & Margaret Bretzloff
Carol L. Buckenmeyer
Marcia E. Cahill
John & Cathleen Carle
Travis Chapin
Fred & Suzanne Crescitelli
Christine Deemer
Nicole Dibling
Marilyn Dubielak
Michael & Kathleen Essi
Cindy Felver

Bobby Lee Gillard Sr.
Elaine Hardman
Earnest & Nancy Hatfield
Steven & Linda Haubert
Susan Hirsch
Tanya Hirsch
Charles Jefferies
David N. & Jori Jex
James & Christine Jordan
Wayne & Rebecca King
Denise A. Knox
Ben & Danielle Malczewski
Barb Masten
Denise M. McHue

Sharon McNeil
Patricia M. McNichols
Anne Morris
Geraldine M. Mowery
David & Diana Newton
Claire A. Proctor
Bobbie Raeder
Pamela A. Rybka
Nancy K. Saffer
Susan Santoro
George & Carole Shirk
Richard Stambaugh



**Scan this
code to add
your name to
the list today!**

Refer a Student

We know many of you often refer Lifelong Learners to our community—here's a quick & easy way to do it! Simply scan the below code with your phone's camera and you'll be directed to enter your details and those of the person you're referring at apply.lourdes.edu/register/newstudentreferral.

The Lourdes Society

The **Lourdes Society** honors the University's most loyal and generous benefactors—those whose annual giving reflects a deep commitment to our mission and Franciscan values of **Community, Learning, Reverence, and Service**. Through their philanthropy, Lourdes Society members help provide scholarships, enhance academic and athletic programs, and enrich the student experience—ensuring that current and future Gray Wolves have the resources and opportunities to thrive. **Join today:** community.lourdes.edu/lourdessociety

Lourdes Athletics

Want to cheer our Gray Wolves on year-round? Scan the code below to follow Lourdes Athletics!



Lourdes Lifelong Learners

Stop by and save \$5.00 off
a \$25.00+ purchase

Offer expires May 31, 2026



LOURDES
UNIVERSITY

APPAREL SHOP

MONDAY - FRIDAY

10:00AM - 5:00PM

Stop by to get the latest Lourdes gear!

Located across from Appold Planetarium in
Mother Adelaide Hall.

SPRING 2026 REGISTRATION FORM

Registration confirmation & class/event details are *emailed*.
Please be sure to add lifelong@lourdes.edu to your email contacts.

Name: _____

Phone: _____ Email: _____

Street: _____

City: _____ State: _____ Zip Code: _____

Birth date: _____ [NOTE: This is required for our new system to properly register students. If you are not comfortable giving your actual birth date, please enter a date you can *easily remember* and be sure to always use the same one when registering for LLL classes. We apologize for any inconvenience.]

Registration is accepted **online**, at an **in-person registration event (see p. 2)**, via our **in-person drop box at Russell Ebeid Hall's Information Desk*****, or **by mail.***** Upon successful registration, you will receive a confirmation email. *If you do not receive this, you are NOT registered.* Please email lifelong@lourdes.edu if you encounter problems. Registrations will no longer be accepted in the Lourdes Finance Office.

www.Lourdes.edu/LLLregistration

Online registration is strongly encouraged and will open at 9am on 1/16/26.

To register & pay by mail please send completed registration form & check made *payable to LOURDES UNIVERSITY* to:

Lifelong Learning
Lourdes University
6832 Convent Blvd.
Sylvania OH 43560

***** Mail-in & Drop-off Registration Notes:**

- *No registrations* will be processed before 9am on 1/16/26.
- Registrations received *before* 1/16/26 or left in our drop box during our in-person registration event may not be processed until **after 2pm on 1/16**. You'll get an email once it's entered.
- Due to ongoing postal issues, ***students mail at their own risk.***

REFUND POLICY

Lifelong Learning will refund money for classes, trips, and events **under only two circumstances**:

- 1) If Lifelong Learning cancels or changes the dates/times of an event after the student has paid.
- 2) If the registrant or an immediate family member is hospitalized (spouse/partner, father, mother, child). **Students have 30 days from the class date (or 1st class date, for a multi-week class) to request a refund in writing to lifelong@lourdes.edu if such an emergency occurred.**
- 3) At this time, credits cannot be held on account.
- 4) If you cannot attend something for which you've paid, you may sell your spot to someone else. You must email lifelong@lourdes.edu with the name of the individual who will be attending. **However**, if you cancel your spot in a waitlisted event, *your spot will go to the 1st person on the waitlist.*
- 5) **ALL refunds are issued via check mailed to the address on your registration form.** Due to fees, we can no longer issue CC refunds. It is the student's responsibility to email us any address changes. Please allow 10-14 *business days* for the check to arrive in the mail.

WAITLIST POLICY

If you do not get into a class/event for which you pre-paid, your refund will be processed **AFTER** the 1st class/event date. See #5 above for more details.

SPRING 2026 REGISTRATION FORM

Registration confirmation & class/event details are *emailed*.
 Please be sure to add lifelong@lourdes.edu to your email contacts.

Membership All memberships expire 7/31/26

- ☐ 2026 Membership \$45* per person
- ☐ Member Parking Sticker (Free with membership; pick up in class; *place inside back windshield of vehicle, if possible. If not, you may place in front.*)
- ☐ Lourdes Society/Alumni/LLL Teacher (Free)
- ☐ Lourdes Parent \$23* per person

* **Includes Spring & Summer 2026**

If you paid the \$75 membership in the Fall, you are all set until Fall '26 registration opens. The \$45 fee is only for those who didn't sign up for membership in Fall and want to take advantage of member pricing for Spring & Summer.

Support Lifelong Learning & Lourdes University

- ☐ Lifelong Learning Program \$ _____
- ☐ Lifelong Learning Scholarship \$ _____
- ☐ Areas of Greatest Need at Lourdes \$ _____

Travel Member / Nonmember price

- ☐ **Zekelman Holocaust Center** \$125 / \$137
- ☐ **Murder on the Links** \$179 / \$191

Lunch (circle one; comes w/chips & drink):

Chicken Salad Sandwich Cobb Salad (GF)

Soy BBQ Sandwich(V) Turkey Reuben

- ☐ **Unholy Toledo Tour** \$112 / \$124

Lunch (circle one; comes w/drink & dessert):

Veggie Villa Salad(V) Baked Mostaccioli

Perch Sandwich Chick. Parm. Sandwich

- ☐ **Shipshewana Amish Country** \$160 / \$172

Free Lectures

- ☐ Understanding the Loneliness Epidemic
- ☐ Fall Prevention
- ☐ Strength Training as We Age
- ☐ Vitamins & Supplements 101
- ☐ Mentorship Across the Lifespan

Special Events Member / Nonmember prices

- ☐ Climate Change Update \$0 / \$5
- ☐ WhoDunnit Murder Mystery Lunch \$59 / \$69
- ☐ Planetarium Show: Oasis in Space \$5 / \$10

Outings Around Town Member / Nonmember

- ☐ Funigans Escape Game \$29 / \$35
- ☐ ProMedica ForeverFit \$0 / \$5

- ☐ Woodlawn Cemetery Tour \$5 / \$10

Classes Member / Nonmember prices

- ☐ Art of the Afterlife \$83 / \$99
- ☐ Beyond the Pages \$47 / \$59
- ☐ Birds of NW Ohio \$45 / \$57
- ☐ Broken Made Beautiful \$30 / \$42
- ☐ Cabernet Sauvignon \$32 / \$45
- ☐ Care for the Republic \$85 / \$97
- ☐ Causality of the Amer. Revolution \$47 / \$59
- ☐ Death & Dying \$30 / \$42
- ☐ Dr. Walker & Her 2-bit Friends \$26 / \$38
- ☐ Dying to Know \$10 / \$22
- ☐ Euro. Landscape: Russian Invasion \$16 / \$28
- ☐ Exploring New Cosmic Creation \$47 / \$59
- ☐ Finding the Messages in Tarot \$16 / \$28
- ☐ French Opera: Pageantry & Real. \$34 / \$46
- ☐ From Vineyard to Glass \$32 / \$45
- ☐ Glass Gardens Plant Propagation \$36 / \$48
- ☐ Gospel of Matthew Examination \$89 / \$101
- ☐ Gospel of John Examination \$89 / \$101
 - ☐ Both Gospel classes \$174 / \$197
- ☐ Great Decisions \$112 / \$124
- ☐ Hot Topics in Brain Science \$35 / \$47
- ☐ How to Listen to Renaissance Mus. \$34 / \$46
- ☐ How We Know Where We're Going \$47 / \$59
- ☐ Introduction to Tai Chi \$26 / \$38
- ☐ M. Aurelius' Meditations \$28 / \$40
- ☐ Midnight in Broad Daylight \$45 / \$57
- ☐ Pacific Northwest: Idaho... Rockies \$30 / \$42
- ☐ **1-3p Wed.** Passion Narratives \$47 / \$59
- ☐ **7-9p Mon.** Passion Narratives \$47 / \$59
- ☐ Russian Revolution \$35 / \$47
- ☐ Schizophrenic Early 70s \$89 / \$101
- ☐ Seeing History thru Contemp. Art \$28 / \$40
- ☐ Service in the Modern Age \$30 / \$42
- ☐ Silk Scarf Painting \$79 / \$91
- ☐ Sins Against Science \$47 / \$59
- ☐ Spectrum of Jazz: Miles Davis \$83 / \$99
- ☐ Springing into Wines \$32 / \$45
- ☐ Thoreau at Walden, Civil Disobed. \$55 / \$67

Volunteer Opportunities

- ☐ Please email me when the H4H date is set!

Total: \$ _____

☐ To help the environment, check here to *go paperless* & receive future catalogues via **EMAIL ONLY**.

Lifelong Learning at Lourdes University

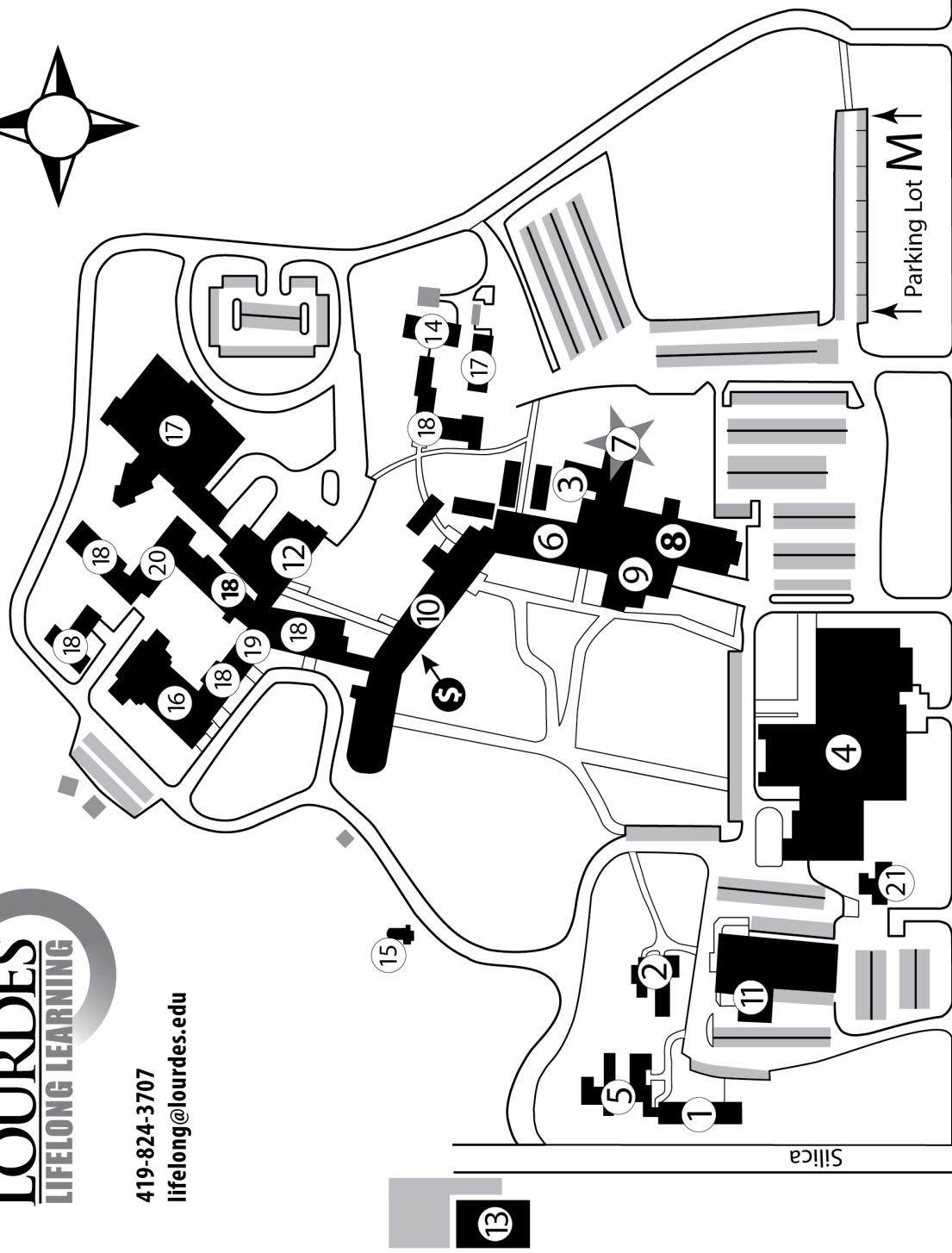
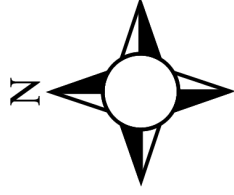
6832 Convent Boulevard • Sylvania, Ohio 43560

www.lourdes.edu/lifelong



419-824-3707

lifelong@lourdes.edu



Lourdes University Buildings

- 1 Assisi Hall (ASI)
- 2 Carmel Hall (CAH)
- 3 Delp Hall (DEH)
 - Ebeid Student Center
 - Academic Success Center
- 4 Franciscan Center (FC) and Board Room
- 5 St. Agnes Hall (SAH)
- 6 Lourdes Hall (LH)
 - Appold Planetarium
- 7 Russell J. Ebeid Hall (REH) Information Desk
- 8 Mother Adelaide Hall (MAH)
- 9 Dining Hall
- 10 Saint Clare Hall (SCH)
 - Finance Office (145)
 - Duns Scotus Library
- 11 Saint Francis Hall (SFH) and Lounge
- 12 Saint Joseph Hall (SJH) The Flaseck Nursing Center
- 13 Canticle Center 5335 Silica Dr.
- 21 Welcome Center Admissions & Financial Aid

Sisters of Saint Francis Buildings

- 14 Alverno Studio
- 15 Portiuncula Chapel
- 16 Queen of Peace Chapel
- 17 Rosary Care Center
- 18 Sisters of Saint Francis
- 19 All Good Things
- 20 Regina Hall



Lourdes University
6832 Convent Blvd.
Sylvania OH 43560

SPRING 2026

419-824-3707

lifelong@lourdes.edu

www.Lourdes.edu/LifeLong



LOURDES
LIFELONG LEARNING